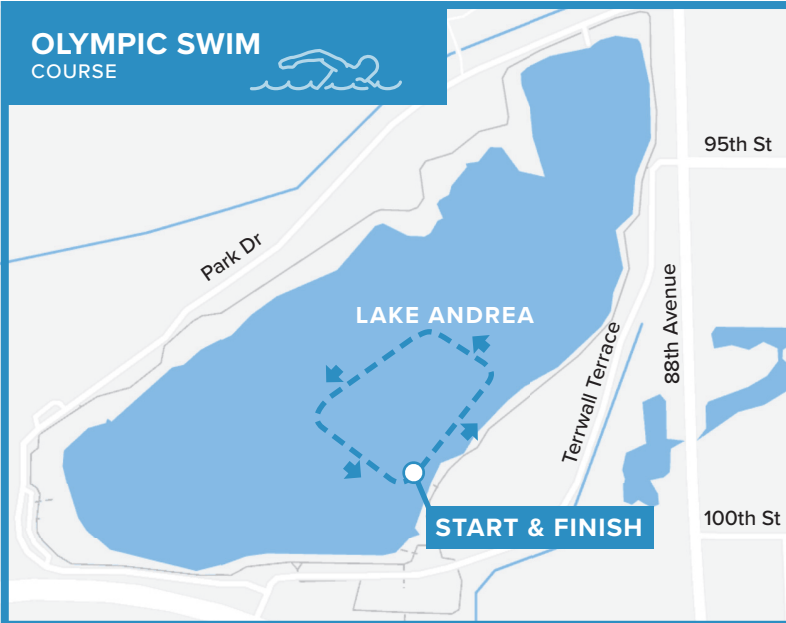


OLYMPIC SWIM COURSE



TRIATHLON
PLEASANT PRAIRIE

PRESENTED BY:

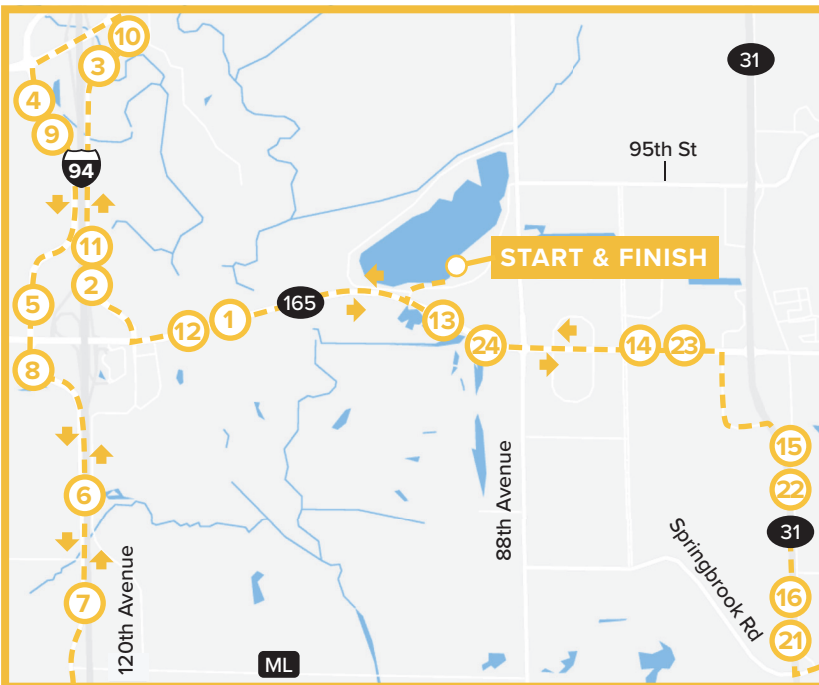


OLYMPIC BIKE COURSE

TURN-BY-TURN



- Start in Transition
- Right on Terwall Terrace
- Right on Lakeview Parkway/104th Street
- Right on 120th Ave (East Frontage)
- Left on Wilmot Rd/Hwy C
- Left on 120th Ave (West Frontage)
- Cross 104th Street
- Turnaround (Just before 122 St/Hwy ML)
- Cross 104th Street
- Right on Wilmot Rd/Hwy C
- Right on 120th Ave (East Frontage)
- Left on Lakeview Parkway/104th Street
- Continue on Lakeview Parkway past Terwall Terrace
- Right on 72nd Ave
- Right on Green Bay Rd
- Left on Springbrook Rd
- Right on 116th Street
- Left on 32nd Ave
- Left on 115th Street
- Left on 35th Ave
- Right on 116th Street
- Left on Springbrook Rd
- Right on Green Bay Rd
- Left on 108th Street
- Left on 104th Street
- Right on 82nd Ave
- Right on 104th Street
- Right on Terwall Terrace
- Left into Transition



OLYMPIC RUN COURSE

TURN-BY-TURN



- Start in Transition
- Exit run out and right turn immediately onto bike path
- Follow bike path clockwise around the lake
- Turn left at boat launch and onto Park Drive
- Continue on Park Drive until turnaround near mile 2
- Turnaround on Park Drive and continue
- Turn left onto gravel trail
- Continue on gravel trail until turnaround
- Turnaround and continue on trail towards Park Drive
- Left on Park Drive from gravel trail
- Continue onto bike trail at boat launch
- Continue on bike trail to finish

